

Survey Analysis of College Students' Cognition and Practice of Anti-Epidemic Spirit

--Take Traditional Chinese Medicine Resources and Development Major as An Example

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Abstract: The “anti-epidemic spirit” is a valuable asset formed in the fight against COVID-19, which provides a strong spiritual impetus for the victory against the epidemic and is a new content of the Chinese spirit with strong spiritual power and inspiration. In order to effectively grasp the reality of the understanding and practice of the anti-epidemic spirit among students who major in Traditional Chinese Medicine Resources and Development in the post-epidemic period, we conducted a survey on these students, analyzed the problems and reasons in the awareness and practice of the anti-epidemic spirit among them, and explored how to inherit and carry forward the great “anti-epidemic spirit”. We aimed at further motivating students who major in Traditional Chinese Medicine Resources and Development to develop the spiritual qualities of courage, struggle and dedication, and cultivating their independent and innovative scientific thinking.

1. Introduction

In the fight against the outbreak of COVID-19 in early 2020, Chinese people, under the leadership of the Communist Party of China (CPC), won the battle against the epidemic with the unity and determination of all people. Chinese people nurtured the great “anti-epidemic spirit”. The “anti-epidemic spirit” is a valuable asset formed in the fight against the epidemic, which provides a strong spiritual impetus for the victory against the epidemic. It is also a new content of the Chinese spirit with strong spiritual power and inspiration.

2. The Survey Analysis of the Understanding and Practice of Students Who Major in Traditional Chinese Medicine Resources and Development to “Anti-Epidemic Spirit”

In order to grasp the real situation of the understanding and practice of the anti-epidemic spirit among the students who major in Traditional Chinese Medicine Resources and Development, this paper analyzed the problems and reasons in the understanding and practice of the anti-epidemic spirit among them by designing a survey questionnaire, and explored how to inherit and carry forward the great “anti-epidemic spirit”.

2.1 The Basic Situation of the Survey Samples

In this paper, we conducted a survey on the understanding and practice of the “anti-epidemic spirit” among students who major in Traditional Chinese Medicine Resources and Development from 21 colleges and universities, including Guangzhou University of Traditional Chinese Medicine, China Pharmaceutical University, and Tianjin University of Traditional Chinese Medicine, with the help of the questionnaire platform Wenjuanxing (a platform providing functions equivalent to Amazon Mechanical Turk). A total of 1,896 valid questionnaires were received, including 732 male (38.6%), 1164 female (61.4%), 124 members of Communist Party of China (6.5%), 1395 Communist Youth League members (73.6%), and 337 ordinary people (19.9%). There were 787 freshmen (41.5 percent), 596 sophomores (31.4 percent), 413 juniors (21.8 percent), 100 seniors (5.3 percent). There were 1,548 undergraduates from regular colleges and universities (81.65

percent), and 348 undergraduates from double first-class colleges and universities (18.35 percent).

number		percentage(%)		number		percentage(%)	
male	732	38.6		members of CPC	124	6.5	
gender	female	1164	61.4	Communist Youth League members	1395	73.6	
total	1896	100		politics status	ordinary people	337	19.9
total		1896	100				
freshmen	787	41.5					
sophomores	596	31.4		regular	1548	81.65	
grade juniors	413	21.8		levels of schools	double first-class	348	18.35
seniors	100	5.3		total	1896	100	
total	1896	100					

Table 1 Basic Situation Statistics of Survey Samples

2.2 Results and Analysis

2.2.1 The Cognition Status Quo of “Anti-Epidemic Spirit”

2.2.1.1 The Connotation Cognition Status Quo of “Anti-Epidemic Spirit”

The “anti-epidemic spirit” is summed up as “life comes first, the whole nation is of one mind, the sacrifice of life and death, the respect for science and the sharing of destiny” [1]. The survey results showed that students majoring in Traditional Chinese Medicine Resources had a relatively high understanding of part of the connotation of “anti-epidemic spirit”, but had a low awareness rate of the overall connotation (see Figure 1). It can be seen that the “anti-epidemic spirit” has been deeply imprinted on the hearts of these students and their life paths.

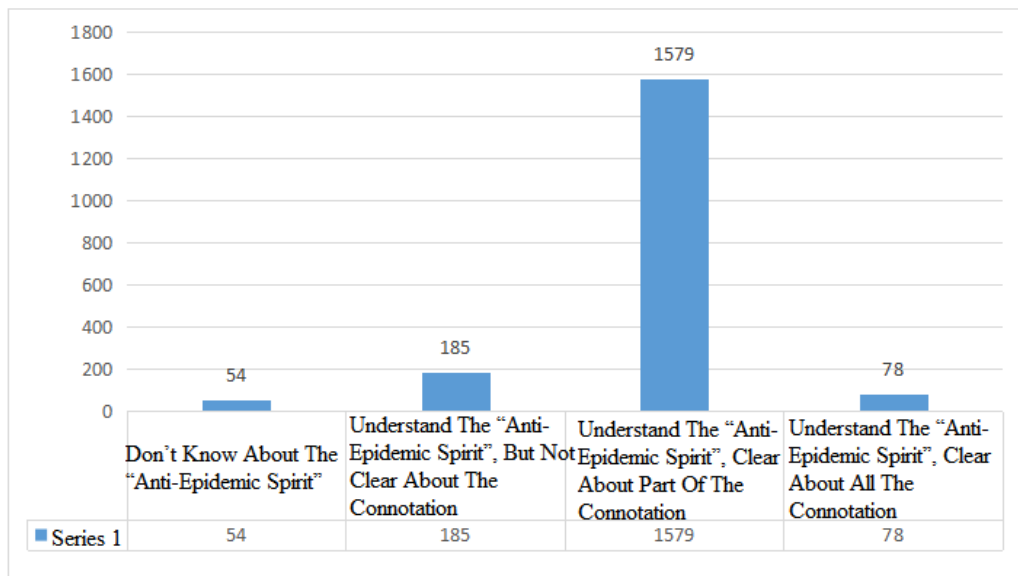


Fig.1 Investigation Results of the Status Quo of Connotation Cognition of “Anti-Epidemic Spirit”

2.2.1.2 The Times Value Cognition Status Quo of “Anti-Epidemic Spirit”

The great anti-epidemic spirit is a continuation and development of patriotism and collectivism of China in the new era. It is in line with the spiritual characteristics, values and cultural genes of China that have long been formed, and enriches the national spirit and the spirit of the times [2]. The survey results showed that students majoring in Traditional Chinese Medicine Resources fully affirmed the value of “anti-epidemic spirit” (see Figure 2). They generally believe that the “anti-epidemic spirit” is a vivid interpretation of the Chinese spirit in the new era, inherits and develops the spirit of patriotism, collectivism and socialism, and provides a powerful spiritual power for the great rejuvenation of China.

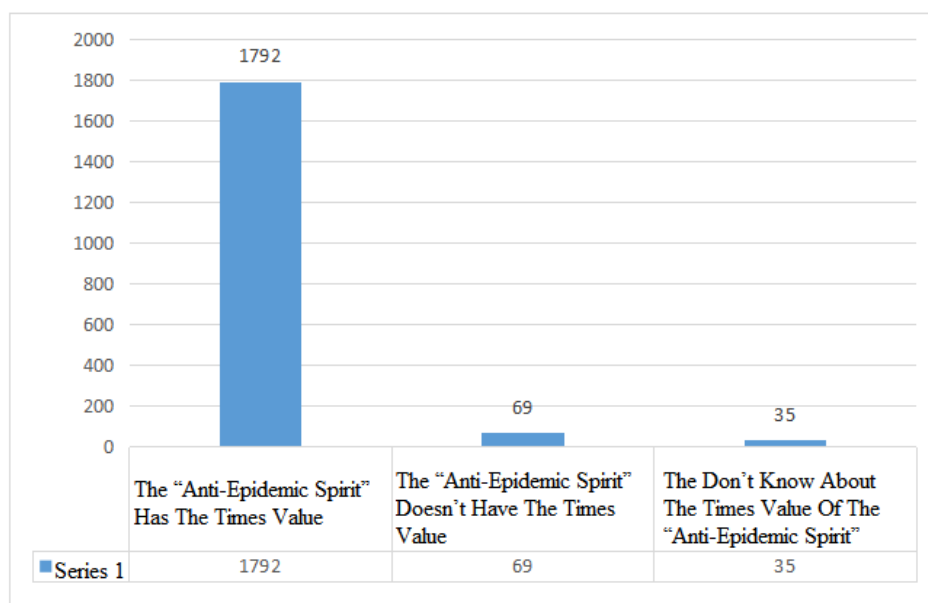


Fig.2 Results of the Survey on the Cognition of the Times Value of "Anti-Epidemic Spirit"

2.2.2 The Practice Status Quo of the "Anti-Epidemic Spirit"

2.2.2.1 The Practice Cognition Status Quo of the "Anti-Epidemic Spirit"

In terms of how to practice the "anti-epidemic spirit", 28% of the students majoring in Traditional Chinese Medicine Resources chose "in-depth publicity of anti-epidemic stories"; 51% chose "take active action and volunteer to fight the epidemic"; 18% chose "consider the overall situation and obey the arrangement"; 3% choose "other" (see Figure 3). These students believed that "taking active actions and participating in voluntary anti-epidemic activities" is the main channel to practice the "anti-epidemic spirit".

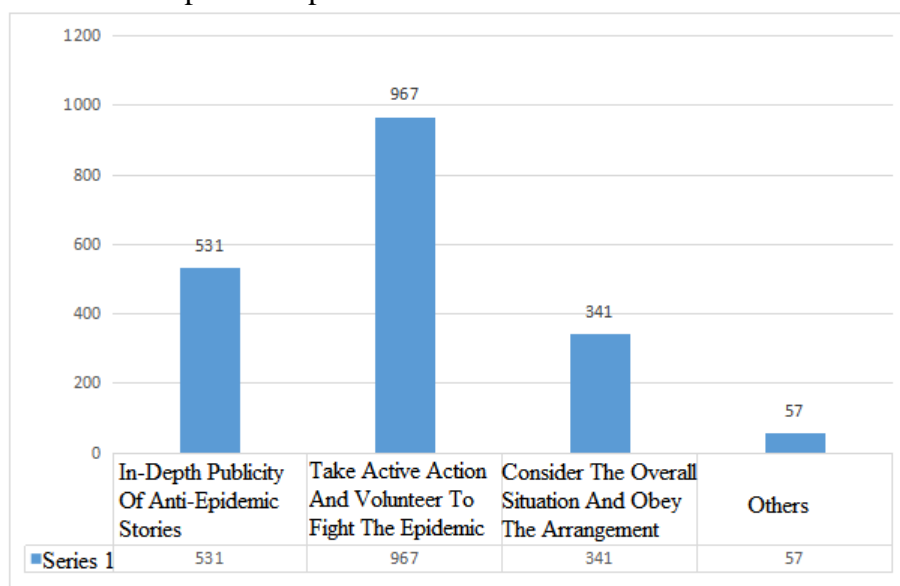


Fig.3 Results of the Cognition Practice of "Anti-Epidemic Spirit"

2.2.2.2 The Practice Status Quo of the "Anti-Epidemic Spirit"

Based on the investigation results of the status quo of the cognition practice of "anti-epidemic spirit", the main channel for the practice of "anti-epidemic spirit" was investigated and analyzed: "Take active actions and participate in volunteer activities". The survey results showed that students majoring in Traditional Chinese medicine resources took up 8.97% of the total number of

volunteers participating in anti-epidemic activities at all levels (see Figure 4), and the number of “anti-epidemic volunteers” practicing the “anti-epidemic spirit” was relatively small.

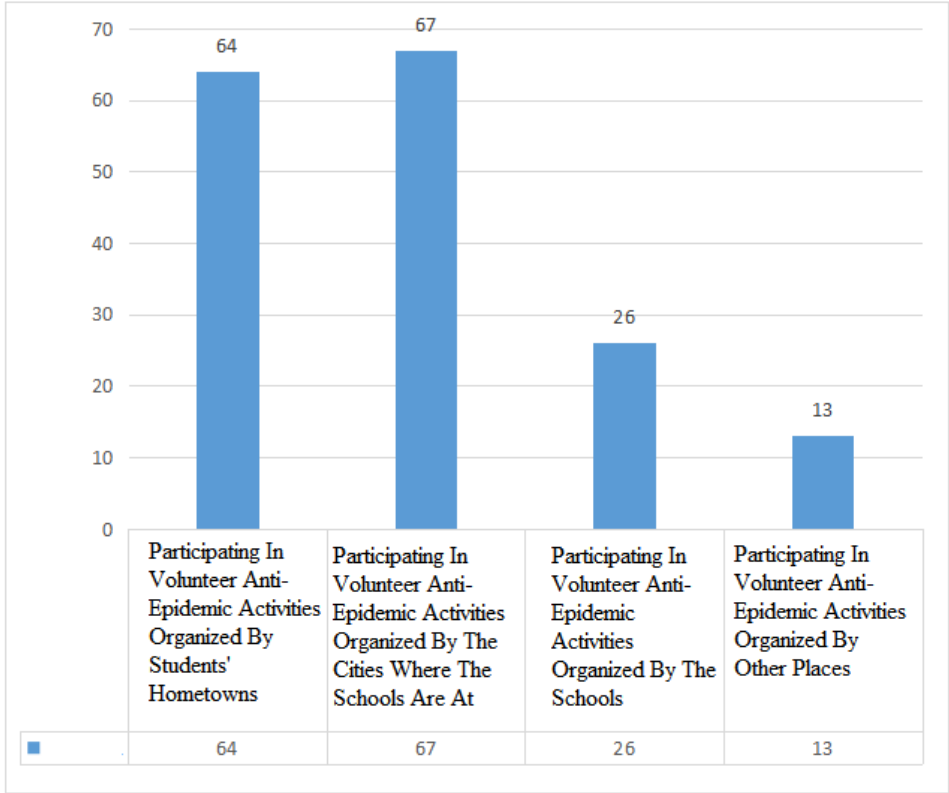


Fig.4 Investigation Results of the Practice Status Quo of “Anti-Epidemic Spirit”

According to the survey, students in 21 universities offering Traditional Chinese Medicine Resources and Development major have a high awareness of the “anti-epidemic spirit”, and can fully affirm the value of the “anti-epidemic spirit” of the times. However, most students have a disconnection between knowledge and action, and do a poor job in the practice of “anti-epidemic spirit”.

3. Ways to Lead Students of Traditional Chinese Medicine Resources and Development to Practice the “Anti-Epidemic Spirit”

On September 8, 2020, General Secretary Xi Jinping proposed the great “anti-epidemic spirit” [3], which is “life comes first, the whole nation is of one mind, the sacrifice of life and death, the respect for science and the sharing of destiny”. The great “anti-epidemic spirit”, which inherits the characteristic endowment and cultural gene of China, is the source of strength for the growing self-confidence and pride, cohesion and centripetal force of students of Traditional Chinese Medicine Resources and Development. Therefore, students of Traditional Chinese Medicine Resources and Development should be led to consciously carry forward the great “anti-epidemic spirit” and be motivated to take up their responsibilities and make unremitting efforts to realize the Chinese dream of great rejuvenation of China.

3.1 Integrating “Anti-Epidemic Spirit” into the Ideological and Political Courses of Traditional Chinese Medicine Resources and Development Major

Ideological and political course is a key course to fulfill the fundamental task of moral education. Integrating “anti-epidemic spirit” into the ideological and political course of Traditional Chinese Medicine Resources and Development is an important way to fulfill the fundamental task of moral education. In the great practice of the fight against the epidemic, moving stories, hero models and countless other positive educational case materials are available, all of which are the most vivid, moving and infectious materials. Therefore, integrating the “anti-epidemic spirit” into the

ideological and political course of Traditional Chinese Medicine Resources and Development major is an important way to guide students to strengthen the “four self-confidence of Socialism with Chinese characteristics, and to lead the students who major in Traditional Chinese Medicine Resources and Development to practice “anti-epidemic spirit”.

3.2 Integrating “Anti-Epidemic Spirit” into the Ideological and Political Education of Students Majoring in Traditional Chinese Medicine Resources and Development

“Anti-epidemic spirit” is not only a great spiritual force to promote the strategic achievements of epidemic prevention and control, but also an important spiritual force to improve the ideological and moral quality of college students. The integration of “anti-epidemic spirit” into the ideological and political education of students majoring in Traditional Chinese Medicine Resources and Development has fulfilled the requirements of advancing with the times and enriching the ideological and political education of college students, and has played a positive role in improving the vitality and richness of the ideological and political education.

3.3 Integrating the “Anti-Epidemic Spirit” into the Practical Activities of Traditional Chinese Medicine Resources and Development Major

The reason why “anti-epidemic spirit” can be used as an important resource for ideological and political education of college students is that it is a good spiritual quality forged by people in the difficult practice of epidemic prevention and control. It has been tested through practice that the anti-epidemic spirit not only has positive contemporary value but also has rich ideological and political education value. Students of Traditional Chinese Medicine Resources and Development have to practice the anti-epidemic spirit in practice in order to truly realize the educational purpose of internalizing the anti-epidemic spirit and externalizing it in action, and to realize self-education.

Students majoring in Traditional Chinese Medicine Resources and Development mainly learn the basic knowledge and skills of Chinese medicine and Chinese medicine resources, and are responsible for the important task of inheriting and promoting Chinese medicine and Chinese medicine resources. By incorporating the “anti-epidemic spirit” into the ideological and political curriculum, ideological and political education and practical activities of Traditional Chinese Medicine Resources and Development major, the students are led to consciously carry forward the great “anti-epidemic spirit”. It can also further motivate them to cultivate the spiritual qualities of courageous commitment, courageous struggle and willingness to devote themselves, and cultivate their independent and innovative scientific thinking.

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